

# Organic = Non-GMO



GMOs are **prohibited during the production (farming) AND handling (processing)** of certified organic products.



Certified organic farmers **must not use genetically modified seed**, and they must have procedures in place that prevent GMO drift from adjacent farms.



Certified handlers (processors) must have practices in place to **separate organic ingredients and products from non-organic** (potentially GMO) forms during receiving, processing, storage and shipping.

## ...and **ORGANIC** also means so much more:

Organic food and farming supports the health of people and our planet in so many meaningful ways. Choose organic to avoid toxic pesticides and other harmful chemicals and to steer clear of artificial colors, flavors, and preservatives. Organic farming practices support animal health and welfare with practices like cage-free living and antibiotic avoidance.

