

# ORGANIC **101**

#### THE BENEFITS & BASICS OF ORGANIC FIBER & TEXTILES

Learn more at OTA.com/organic101



Published by Organic Trade Association

### What is **ORGANIC**?

Unlike other eco-labels, only ORGANIC guarantees:

- X NO toxic and synthetic pesticides or fertilizers
  X NO GMO ingredients
- **X** NO antibiotics or synthetic growth hormones
- **X** NO toxic chemical processing inputs
- **X** NO sewage sludge or irradiation

Federal production and processing standards provide traceability from the farm to the consumer.





ORGANIC by the numbers The USDA Organic label is highly **TRUSTED** by over **75%** of families



How is organic fiber

**GROWN or RAISED**?

## What about **ANIMAL** health and welfare?

Organic farmers and ranchers are required to raise animals without the use of antibiotics or synthetic growth hormones. Animals must have 100% organic feed and safe, healthy and natural living conditions.

Organic farmers and ranchers must provide their animals with access to the outdoors and pasture so that they can freely roam about. In fact, the organic standards require that cows and sheep graze on grass for a minimum of one third of their lives.

als



comes from sheep who eat 100% organic feed and roam outdoors



## What is organic **CERTIFICATION**?

From the land on which the fiber is grown, to the post-harvest facilities preparing the fiber, to the processing and handling facilities transforming the fiber into finished textiles, certifiers are responsible for making sure that USDA organic fiber and finished products meet all organic standards. Once an operation is certified organic producers and he



operation is certified, organic producers and handlers go through annual reviews and inspections. Every certifier also operates under the oversight of USDA.



American consumers spend nearly \$62 Billion on organic products



#### What standards are there for making **ORGANIC** clothes, mattresses & linens?

In the US, raw agricultural fiber (e.g. cotton, silk, wool) labeled as "organic" must be certified to the USDA Organic standards. In order to make a claim that a processed fiber product is "certified to the USDA organic food standards, or to the Global Organic Textile is designed specifically for textiles and verifies its organic status from harvesting of the USDA organic raw materials through environmentally and socially responsible manufacturing and

### How do I **KNOW** if the product is actually organic?

Don't accept self-certification claims or marks! Check to see that the product is 3rd party certified to the USDA Organic standard, the Global Organic Textile Standard (GOTS) or to the Textile Exchange Organic Content Standard (OCS). GOTS is the worldwide leading textile processing standard for organic fibers. The OCS standard is a content standard and guarantees traceability of the raw organic material during all manufacturing stages — it does not address processing restrictions. In all cases, read the label carefully and look for the reference to a 3<sup>rd</sup> party certifier!



#### What about organic and **GMOs**?

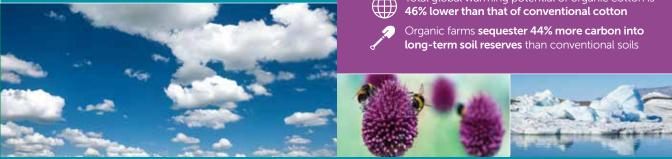
#### ALL ORGANIC PRODUCTS ARE **NON-GMO, AND A WHOLE LOT MORE!**

Genetically modified organisms (GMOs) are prohibited in organic products. This means an organic farmer can't plant GMO seeds, organic cows or sheep can't eat GMO alfalfa, corn or cottonseed, and an organic manufacturer can't use any GMO ingredients. Organic farmers and manufacturers must show they aren't using GMOs, and that they are protecting their products from contact with prohibited substances from farm to finished product.

GMO

#### How is organic good for people and the **ENVIRONMENT**?

Organic is based on practices that build soil health and biodiversity and protect the health of workers and the environment. By prohibiting the use of toxic and synthetic pesticides, fertilizers, and processing materials, organic helps to build the soil (thereby combatting climate change), reduce water contamination from processing, and protect environmental and worker health.





**GOTS** prohibits heavy metals, formaldehyde + aromatic solvents durina processina



Certified Organic Seed is **ALWAYS NON-GMO** and never treated with fungicides





### Does **SCIENCE** show organic is better?

**YES!** While many labels promise undefined and unverified benefits, science continues to prove why choosing organic is so important. Dozens of studies have associated exposures to agricultural pesticides banned in organic with many serious health concerns.



Organic farming increases species diversity by about 50%



Total global warming potential of organic cotton is



Organic textiles carcinogenic or toxic chemicals



Increasing consumer awareness and the growing knowledge that what we put **ON our body** is as important as what we put IN it is driving growth in the organic textiles and fiber market.

#### #LiveOrganic